# **Montana Patient-Centered Medical Homes**

# WHERE HEALTHIER HAPPENS



### TIPS FOR EXPLAINING THE MONTANA PCMH PROGRAM TO YOUR PATIENTS

### **Introduce the PCMH Concept:**

Our clinic is becoming a Patient-Centered Medical Home. This uses doctors and other providers *such as* nurses, care coordinators, medical assistants, and behavioral consultants as a team to address your individual health care needs. Together, we will create a care plan, coordinate with other locations, and assist with any other health care needs.

### How is this new approach different from before?

Now, you are at the center of a care team and an active participant. We want to know what works best for you. More options are available to address your health care needs.

## **New Clinic Expectations:**

Use examples such as these that are relevant to your clinic.

- Referrals, imaging, and labs coordinated with other facilities.
- Reminders about preventive health screenings such as immunizations for children or pap smears for women.
- Reminders for follow-up appointments.
- Care coordinator visits to modify your care plan without having to see a doctor.
- Enhanced access to care, e.g. through a patient portal, email, or expanded clinic hours.

## **Patient Expectations:**

- Be in charge of their health by understanding conditions and what to do to stay healthy.
- Join in their care by following their care plan, taking medications, and keeping appointments.
- Talk with their care team when they need more information about treatment options, telling providers when they get care from other health professionals, bringing a list of questions and medicines to appointments, and informing the care team of changes in health.

Please note: This is meant to be a general quide. Not all services may be available. Please modify as necessary for your particular clinic.